

**SDCII IG Meeting
Overeaters Anonymous
January 7, 2009
7:00-8:15 PM**

- **Tracy opened the meeting @ : PM with Serenity Prayer**
- **Donna T volunteered to read the 12 Traditions**
- **Dave H volunteered to read Tradition **Twelve** to Intergroup**
- **Approval of minutes from **December** 2008 Board Meeting**
- **Sign in sheet**
- **Roll Call**

Chair	Tracy
Vice Chair	Rex
Secretary	Open
Treasurer	Dave B
Internal Information	Dave H. (Acting)
Literature	Mary (Acting)
Professional Outreach	Gina
Public Information	Jayson (Acting)
Reach Out Editor	Donna T.
Recorder	Open
Region 2 Coordinator	Ginger
Retreat Liaison	Open
WSO Coordinator	Ken (Acting)
Young Peoples Coordinator	Shannon (Acting)
12-Step Within Committee	Donna W. (Acting)
Office Report	Gina and/or Dave B

Read/Approved December Mintues:

Board and Committee Reports:

Chair/Tracy:

Vice Chair/Rex: The Christmas and New Years marathons meetings went well. The Christmas marathon's 7th tradition was \$50.00. The New Years marathon had 97 people attend.

Secretary/OPEN:

Treasurer/Dave B: See attached report

Internal Information/Dave H: Next mailing will be 1/31/09. The primary purpose is the carry the message.

Literature/Mary: Introduce Mary as new Literature chair.

Sandy's final report: This is my last report as literature chair. This report is for the month ending 31 December 2008. Total sales including sales tax - \$385.30, excluding sales tax - \$357.59, Value of literature on hand - \$2376.19

Mary's report: We have an excess of some brochures that are not selling would like to donate them to a committee. Confirmed that it was young people's brochures. Motion made to donate brochures to Young People's chair. See motions.

Professional Outreach/Gina: Request made for committee members, preferably from the armed services. Rex volunteered to assist for the armed services.

Public Information/Jayson: No Report.

Reach Out Editor/Donna T: Reach out articles due by January 15th. Please include "Reach Out" in the subject line of your email.

Recorder/OPEN: Nicole resigned due to conflict with school.

Region 2 Coordinator/Ginger: EXCUSED

Retreat Liaison/ OPEN:

Announced Annette resigned. Retreat Committee will begin search for her replacement.

WSO Coordinator/Ken: No Report

Young Peoples Coordinator/Shannon: Would like to put out flyers. Confirmed that flyers have to be presented to the board for approval.

12-Step-Within Committee/Donna W:

Hello there: Friday 12/12/08 we celebrated the RII 12th Step Within Day with a Workshop & Skit focused on the "first compulsive bite" and Relapse prevention. The event was a huge success! There was an estimated 65 people in attendance. We served coffee and tea along with 3 speakers on relapse & recovery. We had a good time presenting our skit "The Tempted One" written by Jayson and performed by Jayson, Pam, Nicole, Donna, and Tina. Our "stage set" was made by Deanna, Jayne, Lola, Jeffrey, and Donna. There are reports of laughter and tears during the performance. It was great fun! Thank you to everyone who had a part in this workshop experience!

Our treasury report for December is we had a balance of \$138.00, we collected \$60.55, we will donate \$18.00 to rent for the evening, and there was \$12.00 in receipts submitted for expenses. We have a balance forward of \$168.55. We will hold back a prudent reserve of \$50.00 and make a donation to the S.D. Intergroup of \$118.55. At our last committee meeting 12/7 we made the decision to do this and elected Lola as our new treasurer as of January. I will pass on the \$50.00 to her.

Our next 12th Step Within Meeting is going back to Vista on Sunday, January 25th, for their Sunday evening meeting. We will have a meeting speaker/leader and myself as secretary. We'll pick a piece of literature to focus on and have the "reverse ask-it-basket". Anyone who would like to join us can meet in the OASIS Parking lot at 4:00 to carpool or just meet us there. These meetings are very effective in carrying the message of Hope to those who still suffer or are struggling with recovery. Please come out and support this meeting.

Our next Workshop is Saturday, February 14th, at the OASIS, from 3:00 to 5:00. ESPRESSO YOURSELF. We'll have Cafe OA again and invite all of our members to participate with sharing their art, music, poetry, and writings. Please put the word out now and encourage people to participate with us! It should be a good time for all. (We can take a dinner break, then meet back for the 6:30 Meeting and Valentine Dance after the meeting) What a great way to celebrate Valentine's Day! Dave H will emcee.

Our next committee meeting is Saturday, January 7th, at 10:15 in the Board Room after the Maintainer's Meeting. Hope to see you there!

Office Report/Gina/Dave:

Having problems with people changing the settings on the office computer. Request that if you use the office computer, please do not change the settings and leave on the power supply for the router.

Back door was left open/unlocked. Please be sure to lock up if you are the last one in the building.

1/3/09 a new online OA How meeting will be started.

Music studio update: Still unresolved.

➤ **Old IG Business:**

➤ **New Business:**

- Open Positions – Tracy
 Open Positions: Secretary, Retreat Liaison
 Acting Positions: Literature, Internal Info, Public Information, Recorder, WSO Coordinator,
 Young People's, 12th step within

ACTION ITEMS	MOTION	2ND	VOTE (YES)	VOTE (NO)	VOTE (ABSTAINING)	DISPOSITION
Motion to approve December 2008 minutes	Dave H	Mary Jane	X			
Donate brochures to Young People Chair	Rex	Gina	X			
Motion to close	Dave B	Mary Jane	X			
Meeting adjourned @ 8:00 pm						

➤ **Announcements for the good of the Fellowship :**

Intergroup Meeting	January 7, 2009 – 7:00PM – Oasis
Reach Out Deadline	January 15, 2009 – email Donna T at: dtyler126@yahoo.com
Next Mailing Party	January 31st – Oasis, time 10:15 am
12 Step Within Committee Meeting	January 10th, 2009– 10:15 AM @ Oasis Boardroom
152nd Serenity Retreat	February 20-22, 2009- Camp Cedar Glen, Julian