

# SDCII INTERGROUP MEETING MINUTES

OVEREATERS ANONYMOUS

July 1, 2009

7:00pm- 8:15pm

## MEETING OPENED

TRACY OPENED THE MEETING AT 7PM WITH THE SERENITY PRAYER

## TWELVE TRADITIONS

REX VOLUNTEERED TO READ THE 12 TRADITIONS.

DONNA W VOLUNTEERED TO READ AND DISCUSS TRADITION SEVEN TO THE INTERGROUP AT THE JULY MEETING.

## SIGN IN SHEET

## 7<sup>TH</sup> TRADITION

## ROLL CALL

Chair	Tracy
Vice Chair	Rex
Secretary	Heather (Acting)
<i>Treasurer</i>	<i>Dave B</i>
Internal Information	Dave H. (Acting)
Professional Outreach	Gina
Public Information	Open
Reach Out Editor	Donna T.
Recorder	Open
Region 2 Coordinator	Ginger
<i>Retreat Liaison</i>	<i>Iola</i>
WSO Coordinator	Ken (Acting)
Young Peoples Coordinator	Open
12-Step Within Committee	Donna W. (Acting)
Literature	Mary (will arrive by 7:15pm) (Acting)
Office Report	Gina/Dave B

*Italicized Print Denotes Excused Absence*

## JUNE MINUTES

READ AND APPROVED JUNE 2009 INTERGROUP MEETING MINUTES WITH CHANGES.  
(DAVE, ALICE, 18,0,0, PASSED)

## BOARD AND COMMITTEE REPORTS

CHAIR – TRACY

No report.

VICE CHAIR – REX

July 2009 Intergroup Agenda

There is no marathon for the 4<sup>th</sup> of July because there are so many regular meetings scheduled.

SECRETARY – HEATHER

No report.

TREASURER - DAVE B

Type of Account	Maturity Date	Balance	Comments
Checking	N/A	\$21,063.63	General
CD (90 day)	2/26/09	\$10,330.82	Three Month
CD (30 day)	1/16/09	\$5,363.99	One Month
Subtotal			<b>\$36,758.44</b>
Checking	N/A	\$12,439.13	Retreat
Total			<b>\$49,197.57</b>

INTERNAL

INFORMATION - DAVE H.

The mailings are used to put Tradition Five into action. This information goes to all Intergroup Reps along with health professionals, mental health professionals, etc. These professionals often recommend OA to their clients. If you have any professionals that you know would like to be added to the list, please first verify they would like to receive the mailing, and this contact Dave H. or Dave B. to add the Next mailing will be the last Saturday of the month on July 25<sup>th</sup> at 10:15 in the Boardroom of the Oasis. Please join us and do service.

PROFESSIONAL OUTREACH - GINA

Courier – Newsletter for healthcare committee. These can be printed off the Internet for free to be distributed as required.

Pam will begin to contact gastroenterologists to get the word out to them and their patients.

They would like help reaching out to the military facilities.

A member of the fellowship works at a facility that specializes in addition. They lost their speaker, and so they called asking for a volunteer. It was short notice, so we were unable to fulfill the request, but encouraged future requests.

R2 convention – Got a lot of great ideas by attending the R2 convention this past weekend.

PUBLIC INFORMATION - OPEN

No report submitted.

REACH OUT EDITOR - DONNA T

Please announce at your meetings that The Reach Out is encouraging available sponsors to provide their phone numbers to be posted in the monthly issues as a resource for anyone looking for support. This will be helpful especially to newcomers looking for a sponsor.

Articles are requested for upcoming issues. They can be on any topic and from 200-300 words long. Email to dtyler126@yahoo.com and put Reach Out in the subject line.

Thanks to Michael, Tracy, Phyllis, Diana and Iola for submitting articles for July. All are very inspirational. Don't forget to take a supply to your meetings.

RECORDER – OPEN

No report submitted.

REGION 2 COORDINATOR – GINGER

R2 Convention

This past weekend, June 26-28, 2009, at Ontario, CA. Great Speakers and Workshop Leaders with many years of recovery who talked Program.

R2 funding for R2 Committee Chairs to attend Fall 2009 Assembly.

Location: Oct 30-Nov 1 at the Marriott San Francisco Airport Hotel. Two San Diego Members are R2 Committee Chairs: Tracy S., Bylaws, and Donna W., 12 Step Within. R2 policy:

R2, during June Board Meeting, approved SDIG funding request of \$200.00 per committee chair per assembly to ensure attendance at R2 assembly. Requests for funding to be reviewed and approved by the R2 board.

R2 funding is either the Committee Chair or the IFAP funding, but not both.

## Forecasted Cost and R2 Funding

Forecasted Assembly Cost		Chairs (2)	R2 Rep (1)	Total
Assembly Registration	\$25	\$50	\$25	\$75
Air Fare	\$175	\$350	\$175	\$525
Hotel, 2 nights	\$121	\$242	\$242	\$484
Per Diem, (5 meals @ \$15 pp)	\$75	\$300	\$150	\$450
Misc Transportation	\$25	\$50	\$25	\$75
Subtotal		\$992	\$617	\$1,609
<b>R2 Funding:</b>				
<i>Either/or</i> R2 Comm. Chair Funding (Max)	\$200			\$(400)
<i>Either/or</i> IFAP Funding (Max): Rep 1: 1,000 miles @ \$0.45 per mile \$450 Max				\$(450)
Potential Final Cost to SDIG				\$600 - \$1,200

We should, by the next IG meeting, figure out how many people we would like to send to the R2 Assembly to apply for funding, get less expensive airfare, etc. Please take this back to your meetings for discussion and input.

### R2 Newsletter

Ginger submitted an Article on "R2 Carries WSO Message at the R2 Spring Assembly 2009".

### San Diego's Intergroup and individual meeting's 7th Tradition contributions to R2

Need a revised list to include all SD County meetings. New list requested 6/1/09. Reminded Treasurer at the R2 Convention.

### R2 Outreach Committee

Gina and Ginger are on the outreach committee.

New Scholarship Form was approved by R2 Board and will be posted on the Website.

The Outreach Committee contacted the Intergroup's (that had not attended the prior 3 Assembly's) to get feedback on the Spring Assembly. Received lots of positive feedback from the IG's: they thought it was worthwhile, a lot of information to bring back to their IG's, liked new R2 website, and will return to a future Assembly's. Also, by attending the Assembly, they made contact with other IG's: a) Had Members' from outside their IG attend their Retreat and b) found out about a meeting in another IG that was convenient for them to attend.

## RETREAT LIAISON - IOLA

The 153<sup>rd</sup> Serenity Retreat has been scheduled for the Pathfinder Mountain Ranch in Idlewyld in October 9<sup>th</sup>-11<sup>th</sup>, 2009. The Retreat theme is going to be Co-Ed Sweet Surrender. It is going to be in an entirely new venue for the SD retreats. Excitement is building! WE already have 12 members registered.

We do have CDs from past retreats for sale. \$20.00 with the money going towards the scholarships fund. It is not too early to start asking about scholarships for yourself or a friend.

The Retreat Committee has appointed a new Retreat Committee member. There were four applicants. The Retreat Committee interviewed three applicants. All applicants that were interviewed shared impressive experiences, strengths and hopes about working the program. The applicant that was chosen to fill the position on the Retreat Committee also has many skills in her professional life that will assist her and the retreat committee in future retreat and event planning. The retreat committee voted by secret ballot and the vote was unanimous.

## WSO COORDINATOR – KEN

2009 WSO Conference is available on the WSO Website.

## YOUNG PEOPLES COORDINATOR - OPEN

No report submitted.

## 12-STEP-WITHIN COMMITTEE -DONNA W

The 12th Step Within Retreat was a big success! I am so grateful to each and every member who helped to make it a memorable weekend of recovery.

Our 12th Step Within Committee is meeting this month with the current committee members to do a review of the retreat and the committee itself. We will be planning for the next 6 months and upcoming events to be announced.

There is a NEW MEETING for "Twelfth Step Within - Save a Member Meeting" beginning on Tuesday, 7/28/09, at 6:00 PM at the OASIS in the Boardroom. The focus is on Recovery from Relapse and Relapse Prevention. We will have leaders with topical writing and discussion. There is a flyer being handed out at the Intergroup Meeting and will be available on the OA Website. Contact: Pam T. (619) 207-1856 OR Donna W. (619) 549-0548.

#### LITERATURE – MARY

##### Literature Purchased

OA Literature:	\$ 713.48
AA Literature:	<u>198.85</u>
<b>TOTAL PURCHASED:</b>	<b><u>\$ 912.33</u></b>

##### Literature Inventory:

OA Literature:	\$1462.90
AA Literature:	<u>\$ 588.20</u>
<b>TOTAL INVENTORY:</b>	<b><u>\$ 2051.10</u></b>

##### Accounts Receivables:

TOTAL A/R:	<b><u>\$ 746.80</u></b>
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#### OFFICE REPORT – GINA/DAVE

##### Normal Office Duties

Shredded anything with members names and information, answered requests for information via phone calls and email, prepared and stuffed envelopes with Reach Outs, Welcome Letters, and Schedules. These stuffed envelopes are in the Board Room. If the phone rings, please answer the phone and sent out information to people as necessary. Please put the address on the envelope and someone will mail it out. We've updated mailing lists and called TJ with changes to the schedule. We faxed meeting changes to WSO.

##### Oasis Cleaning

The carpets will be cleaned at the same time as the OA cleanup. In the past they've always been held in Saturdays, but due to the new Saturday afternoon meeting, it may be better suited for another day. It was suggested that the Saturday meeting move into the boardroom. Date set for August 15<sup>th</sup> at 1pm – 4 or 5. Shampooing will be complete on August 22<sup>nd</sup>.

##### Coke Machine

Machine was filled this morning, so we are fully stocked.

##### Trash

We need someone to volunteer to take the trash. Alice and Dave H. have volunteered to take out the trash this evening.

## OLD BUSINESS

## NEW BUSINESS

### OPENING BOARD MEETINGS

Submitted by Steering Committee of the Monday Night 7pm Meeting.

It is moved that any member of Overeaters Anonymous may attend any Board of Directors meeting of SDCII.

Reason: Currently the Board of Directors is in breach of both Tradition Two and Tradition Nine.

Tradition Two: "For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

Tradition Nine: "OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

"Difference between spirit of authority and spirit of service."

This motion will be voted on at the July Intergroup Meeting.

#### Pro

(Alice) Having a closed board meeting violates tradition two and tradition nine. We understand for the need for the board meetings to "go on" but because of the two traditions, it is important that there are no secrets kept from the group.

7am Friday morning (Mary) Served on a number of boards and condos, board meetings are then open, and then they go into an Executive session when a sensitive issue comes up.

Con

(Ginger) There were two reasons the board meetings were closed. There were some sensitive issues that came up and they requested guidance from R2. The intent was not to exclude anyone. We do have a public comment during the board meeting. This allows for some privacy until the board is informed and so that they can

(Ken) No one is trying to hide anything. There are so many sensitive issues that would embarrass people if they got around. The main issue to focus on is recovery, and not to embarrass people. There are times were the minimal number of people need to know things – stalking issues, sleeping in the OA. Everyone who walks through these doors has issues or they wouldn't be here. We need to function as a compassionate board. We do not govern, but we do need to handle sensitive issues so that people do not get hurt.

Information (Tracy) checked with other Intergroups and they do have closed board meetings.

Gina would like to amend the proposal to open up the board meetings for the general reports and retreat to Executive Session with any sensitive issues. Diane seconds.

Pro

(Alice) There are a number of sensitive issues, legal issues. Really likes the idea of breaking into an Executive Session to discuss the sensitive issues. Names need not to be given out.

Con

Ken would like to amend the amendment to the proposal to open up the board meetings for the general reports and retreat to Executive Session with any sensitive issues at the Chairman of the Boards discretion. Diane seconds.

It is moved that any member of Overeaters Anonymous may attend any Board of Directors meeting of SDCII. The board may meet in Executive Session to discuss sensitive issues as needed. Notice to secretary and chair must be submitted 48 hours in advance and an agenda compiled for the Executive Session. (Gina, Diane)

Alice calls for vote. 11 Intergroup Reps, 9 Board Members. 18, 0, 1. Motion passed.

#### **BYLAWS AMENDMENT – DEFINING “ACTING” BOARD MEMBERS**

Submitted by the Steering Committee of the Monday Night 7pm Meeting:

It is moved that the “Acting Board Members” of the DSCII Board of Directors for Overeaters Anonymous must meet the following guidelines: (1) at least one year of abstinence, (2) be on their way to a healthy body weight, and (3) have worked Steps 1 through 5. The current bylaws regarding “Acting Board Members” enables anyone to be elected to the Board of Directors as a temporary “Acting” member (if there are no other nominations for those who meet the requirements for regular Board membership) without any guidelines.

There will be discussion on this motion at the July Intergroup Meeting and we will vote at the August meeting.  
Pros

(Alice) The reason the group wanted this motion is because there are no requirements to be an acting member and they thought being abstinent is an important requirement.

(Pam) We share our experience, strength, and hope. People who have been gifted their abstinence create less conflict than those who do not. Sometimes it's subtle, sometimes it's overt.

Cons

(Jessica) By having a requirement may make people feel like they cannot do service and that they are “less than”.

(Dave H.) 2007, weighed 420 pounds and took over that position when he weighed 400. SDII has a lot of stuff that we HAVE to do that other groups do not have to do such as pay bills and other business tasks that some people in the IG have great experience and may not

Alice changed motion to

It is moved that the “Acting Board Members” of the DSCII Board of Directors for Overeaters Anonymous must meet the following guidelines: (1) at least three months of abstinence, (2) be on their way to a healthy body weight, and (3) have worked Steps 1 through 5. The current bylaws regarding “Acting Board Members” enables anyone to be elected to the Board of Directors as a temporary “Acting” member (if there are no other nominations for those who meet the requirements for regular Board membership) without any guidelines. (Alice, Mary)

Amendment Passed (11, 4, 4). We will vote in August, but can continue discussion at the August Meeting.

### BOARD POSITIONS

Board positions require a one year abstinence, 6 months at maintenance by your own definition, have worked Steps 1 through 5 and are required to attend montly Intergroup and Board meetings. If a member does not have the required abstinence and would like to fill the position, given there is not a volunteer who has the abstinence, they will be considered an “acting” member of the board. This position can be filled at any time by a member who has the required abstinence.

#### Open Positions

Young People’s Coordinator  
Public Information  
Recorder

#### Acting Positions

Secretary  
Internal Information  
WSO Coordinator (Alice, Mary) (2, 6, 6)  
12<sup>th</sup> Step Within Committee  
Literature

Alice requested to nominate herself for the WSO Coordinator position, Mary seconds. Did not pass (2,6,6)

### ACTION ITEMS

“Motion to...”	Motion	2 <sup>nd</sup>	Vote (Y)	Vote (N)	Vote (A)	Disposition
Approve June IG 2009 Minutes	Dave	Alice	19	0	0	Passed
Open Board Meetings with option for Executive Session	Gina	Diane	18	0	1	Passed
Amended Bylaws –Abstinance Requirements for Board Members	Alice	Mary	11	4	4	Passed
Alice as WSO Coordinator	Alice	Mary	2	6	6	Failed
Adjourn Meeting	Donna	Jessica	19	0	0	Passed

### ANNOUNCEMENTS FOR THE GOOD OF THE FELLOWSHIP

Date	Event	Location	Time
July 15, 2009	<i>Reach Out</i> Deadline	<a href="mailto:Dtyler126@yahoo.com">Dtyler126@yahoo.com</a> - Reach Out Subject Line	
July 15, 2009	Board Meeting	Oasis	7pm
July 25, 2009	Mailing Party	Oasis	10:15am
August 5, 2009	Intergroup Meeting	Oasis	7:00pm
Oct 30-Nov 1, 2009	R2 Fall Assembly	Marriott San Francisco Airport Hotel	