

SDCII INTERGROUP MEETING AGENDA

OVEREATERS ANONYMOUS

June 3, 2009

7:00pm- 8:15pm

MEETING OPENED

TRACY OPENED THE MEETING AT 7PM WITH THE SERENITY PRAYER

TWELVE TRADITIONS

REX VOLUNTEERED TO READ THE 12 TRADITIONS.

DAVE B. VOLUNTEERED TO READ AND DISCUSS TRADITION SIX TO THE INTERGROUP.

SIGN IN SHEET

7TH TRADITION

ROLL CALL

Chair	Tracy
Vice Chair	Rex
Secretary	Heather (Acting)
Treasurer	Dave B
Internal Information	Dave H. (Acting)
Professional Outreach	Gina
Public Information	Open
Reach Out Editor	Donna T.
Recorder	Open
Region 2 Coordinator	Ginger
Retreat Liaison	Iola
WSO Coordinator	Ken (Acting)
Young Peoples Coordinator	Open
12-Step Within Committee	Donna W. (Acting)
Literature	Mary (will arrive by 7:15pm) (Acting)
Office Report	Gina/Dave B

Italicized Print Denotes Excused Absence

MAY MINUTES

READ AND APPROVED MAY 2009 INTERGROUP MEETING MINUTES WITH CHANGES.

BOARD AND COMMITTEE REPORTS

CHAIR – TRACY

No report.

VICE CHAIR – REX

July 4th Marathon Meetings. Will have exact times at the next IG meeting, but the regular meetings will commence as usual and the last marathon meeting.

SECRETARY – HEATHER

There is a very low participation rate at the Intergroup Meetings. Last month we only had 9 Intergroup Reps attend in addition to the board members. This is very troubling because we have well over 50 meetings in San Diego County. I'd really like to work on increasing attendance to the IG meetings so that our "group conscious" involves as many people as possible. I will be working on a flyer to include in inside mailings, to place in all notebooks for the meetings at the Oasis, and there will be flyers at the next IG meeting to take back with you to your meetings. We appreciate your continued commitment to attend the IG meetings.

Tracy said that some meetings have IG reps that commit to every other month so they do not have to do a true 6 month commitment.

TREASURER - DAVE B

Type of Account	Maturity Date	Balance	Comments
Checking	N/A	\$19,563.75	General
CD (90 day)	2/26/09	\$10,330.82	Three Month
CD (30 day)	1/16/09	\$5,362.89	One Month
Subtotal			\$35,257.46
Checking	N/A	\$9,899.42	Retreat
Total			\$45,156.88

We're doing great. Always welcoming more members to the \$20/month club, \$40/month club, \$100/month club or whatever club you want to join.

INTERNAL INFORMATION - DAVE H.

Mailings are the way we embrace and take action on Tradition Number 5. These mailings go out to all Intergroup Reps, doctors, psychiatrists, psychologists, etc. who have signed up for the mailing. If you know any people that would like to be added to the list, please verify they would like to receive the mailing, fill out the Professional Outreach Form (from Gina) and submit to Dave H. or Dave B.

Next mailing will be the last Saturday of the month on June 27th at 10:15 in the Boardroom of the Oasis. Please join us and do service.

PROFESSIONAL OUTREACH - GINA

Gina has the forms that need to be completed to add professionals to the monthly mailings.

Gina also has a newsletter also to professionals to give them information on why OA might be good option for their patients.

PUBLIC INFORMATION - OPEN

No report submitted.

REACH OUT EDITOR - DONNA T

There's a new section in the Reach Out newsletter. It's a Sponsor phone list. Sponsors can be listed if available and willing to take calls. They just have to let me know that they would like to offer themselves to carry the message and share their experience, strength and hope to benefit others. Through sponsorship we renew and reaffirm our own recovery.

So please announce this at your meeting and remember how you felt when you were looking for your first sponsor. Both my email address and phone number are listed in the Reach Out for those who want to contact me to add their name or submit an article of recovery.

Thank you for allowing me to do service and thank YOU for making a commitment to give back by either serving on the Board or as an Intergroup Rep. Together we can do what we could never do alone!

RECORDER – OPEN

No report submitted.

REGION 2 COORDINATOR – GINGER

R2 Letter to SDIG

We received a letter from R2 regarding publishing the names or titles of speakers/leaders at OA functions in all informational materials (flyers, newsletters, etc.). Ginger reviewed the history of the issue regarding names on flyers for OA functions. See the attached letter.

R2 Convention

The R2 Convention is coming up on June 26-28, 2009, Ontario, CA. Registration \$35 before June 1, or \$45 after. Reminder: The R2 2010 Convention will be in San Francisco/San Mateo area.

San Diego's Intergroup and Individual meeting's 7th Tradition Contributions to R2

There was a list distributed at the R2 Spring 2009 Assembly. There was a question at the previous IG meeting of why this list was missing the North County meetings. This list included only "San Diego" and not all of SD County – (i.e. Coronado, IB, etc). A new list will be sent.

R2 funding for R2 Committee Chairs to attend Fall 2009 Assembly

Ginger emailed R2 two times to inquire about funding guidelines. Still awaiting reply. Location: Oct 30-Nov 1 at the Marriott San Francisco Airport Hotel. Two San Diego Members are R2 Committee Chairs: Tracy S., Bylaws, and Donna W., 12 Step Within. Below is a transcription of the dialogue that has taken place between Ginger and R2.

There is no policy at this time for funding for committee chairs in R2. Every committee has an initial \$50 budget for Committee use like copying, etc.

Are you suggesting they get funding? This is not currently a policy with Regions or WSO. It can be changed by a motion at Assembly.

If you would like, we can address it at the board meeting in Sept - just for input from the Board. The entire Assembly would need to vote on this.

Motion (Ken, Alice Seconds) to make a motion at the October Assembly that R2 provides funding to allow committee chairs to attend the R2 conventions. Motion passed.

R2 Newsletter

Articles need to be submitted before July 1st. It doesn't have to be long--even a paragraph or two on your R2 experiences would be wonderful.

Meditation Workshop 3/21/09

Judi H. had forgotten to bring a handout to the Workshop and offered to send it. Update: Judi is working on a new book and her Publisher suggested not distributing the handout, to keep it "fresh" (new) for the book.

RETREAT LIAISON - IOLA

As of June 1 we have 35 registered campers and 1 leader for the June retreat. These numbers do not include the retreat committee.

We have 3 applications for the position that is opening on the retreat committee in June. We will go over the applications at the retreat and if we cannot decide there we will call a business meeting and interview our applicants within a few weeks of the retreat. We will take applications via e-mail up until the retreat. Applicants must have 1 year of abstinence and 6 months at maintenance by their definition.

Our next Retreat is going to be at the Pathfinder Ranch in Idyllwild on Oct. 9, 10 and 11. Chris P. from Orange County is the Leader. The theme is Sweet Surrender.

The following Retreat will be at Warner Hot Springs Ranch with Cheri from San Fernando Valley as the Leader. The ABCs of Abstinence will be the theme. The dates will be Feb. 19, 20 and 21st.

Going to have "the dating game" at the retreat. Had a little tease.

WSO COORDINATOR – KEN

Ken attended the WSO Conference in Albuquerque. The event was fantastic and a big impact on his recovery. Business meetings and OA marathon meetings filled the day. He attended the R2 dinner and met a lot of wonderful people. Business meetings were very professional and the entire event was run extremely well. He just received all of the information today via email and will have this information to distribute to the group next meeting. Lots of recovery – 20 years, 35 years, etc. Thanked the IG for sending him to the conference. He was

voted in as the Vice Chair of the Public Information Subcommittee and they are working on a skit regarding anonymity. The SDIG had a great influence over some of the decisions that were made at WSO. For example the 12th Step Within Day passed and is now officially December 12th (12/12) every year.. People were amazed at our intergroup, the Oasis, the many meetings, the sponsorship fair, and our monthly mailings. He is so thankful the opportunity to attend the meeting. It has “supercharged” his recovery and he has dropped 11 pounds since returning.

YOUNG PEOPLES COORDINATOR - OPEN

No report submitted.

12-STEP-WITHIN COMMITTEE -DONNA W

12th Step Within met Saturday, May 16th and worked on the plans for the upcoming San Diego retreat. We discussed starting a new Relapse and Recovery Meeting starting in July on Tuesdays evenings, 6:00PM in the Board Room. Pam Taylor and myself are going to be putting together the meeting formats and committed to being there to get the meeting started.

I sent in an article for the June Reach Out for our committee.

Encourage everyone to sign up for the June retreat! It’s going to be great fun and lots of good recovery. See you there.

LITERATURE – MARY

Literature Purchased:

OA Literature:	\$ 717.57
AA Literature:	\$636.95
TOTAL PURCHASED:	\$1,354.52

Literature Inventory:

OA Literature:	\$1,676.03
AA Literature:	\$199.20
TOTAL INVENTORY:	\$1,875.23

Accounts Receivables:

TOTAL A/R:	\$ 890.32
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Report submitted to Bookkeeper, Allison, the first week of June, 2009

We now have on hand Spanish language pamphlets as well as several copies of the Big Book in Spanish. And if you attend meetings at the Oasis, please take a look at the literature bulletin board. If there are Pamphlets or books you would like to purchase, either talk with the literature person at one of the meetings you attend, one of the board members who can sell literature (Gina, Rex, Dave H.) or contact Mary Joyce at 619-922-2468.

OFFICE REPORT – GINA/DAVE

Normal Office Duties

Shredded anything with members names and information, answered requests for information via phone calls and email, prepared and stuffed envelopes with Reach Outs, Welcome Letters, and Schedules. These stuffed envelopes are in the Board Room. If the phone rings, please answer the phone and send out information to people as necessary. Please put the address on the envelope and someone will mail it out. We’ve updated mailing lists and called TJ with changes to the schedule. We faxed meeting changes to WSO.

Dave talked to the landlord about the noise complaints. He informed us that he is talking to the architect about the work to be done to the building. He plans on moving the location of neighboring bands as soon as there is space available for them. We still need to write complaints on the list to track the disruptions.

Richard volunteered to bring in a new rug shampooer instead of fixing the existing one.

Richard volunteered install lights in Dave B’s absence.

OLD BUSINESS

NEW BUSINESS

YOGA AT THE OASIS

Received a proposal from a member to hold a yoga focused OA Meeting at the Oasis. Discussion to ensue. Tanya is not here to defend her position on this matter. She has asked to attend the meeting.

Pros

Alice – For the process if it is for OA and not for Tanya’s business.

Cons

Dave H. – Yoga is a specific religious practice. Meditation is not, nor is prayer. Dave feels that it is not a good idea to endorse a specific religious practice for its meetings.

Ken – If we do this, we open up the floodgates. This would set a precedent to allow other meetings that’s primary purpose is on OA. Anyone who wants to open the meeting to painting, woodworking, weightlifting, nude photography might be able to based on the precedent. It goes against the traditions and also opens us up to liability issues.

Alice called the motion. Tracy seconds. All those in favor to allow yoga at the oasis. Motion did not pass.

TO BE ON JULY AGENDA UNDER NEW BUSINESS (INFORMATION ONLY)

Opening Board Meetings

Submitted by Steering Committee of the Monday Night 7pm Meeting.

It is moved that any member of Overeaters Anonymous may attend any Board of Directors meeting of SDCII.

Reason: Currently the Board of Directors is in breach of both Tradition Two and Tradition Nine.

Tradition Two: “For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

Tradition Nine: “OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

“Difference between spirit of authority and spirit of service.”

This motion will be voted on at the July Intergroup Meeting.

Bylaws Amendment – Defining “Acting” Board Members

Tracy read the Bylaws to IG regarding the process of amending the bylaws. Below is the motion and information presented by the Steering Committee of the Monday Night 7pm Meeting:

It is moved that the “Acting Board Members” of the DSCII Board of Directors for Overeaters Anonymous must meet the following guidelines: (1) at least one year of abstinence, (2) be on their way to a healthy body weight, and (3) have worked Steps 1 through 5. The current bylaws regarding “Acting Board Members” enables anyone to be elected to the Board of Directors as a temporary “Acting” member (if there are no other nominations for those who meet the requirements for regular Board membership) without any guidelines.

There will be discussion on this motion at the July Intergroup Meeting and we will vote at the August meeting.

BOARD POSITIONS

Board positions require a one year abstinence, 6 months at maintenance by your own definition, have worked Steps 1 through 5 and are required to attend monthly Intergroup and Board meetings. If a member does not have the required abstinence and would like to fill the position, given there is not a volunteer who has the abstinence, they will be considered an “acting” member of the board. This position can be filled at any time by a member who has the required abstinence.

Open Positions

Young People’s Coordinator

Public Information

Recorder

Acting Positions

Secretary

Internal Information

WSO Coordinator

12th Step Within Committee

Literature

ACTION ITEMS

“Motion to...”	Motion	2nd	Vote (Y)	Vote (N)	Vote (A)	Disposition
Approve Amended May IG 2009 Minutes	Alice	Gina	All	0	0	Passed
R2 Funding Motion	Ken	Alice	All	0	0	Passed
Adjourn Meeting	Gina	Jeanne	All	0	0	Passed

ANNOUNCEMENTS FOR THE GOOD OF THE FELLOWSHIP

Date	Event	Location	Time
June 6, 2009	12 th Step Within Meeting	Oasis	10:15am
June 12-14, 2009	Serenity Retreat	Camp Cedar Glen, Julian, CA	
June 15, 2009	<i>Reach Out</i> Deadline	Dtyler126@yahoo.com - Reach Out Subject Line	
June 26-28, 2009	Region 2 Convention	Doubletree Hotel in Ontario, CA	
June 27, 2009	Mailing Party	Oasis	10:15am
June 30, 2009	R2 Newsletter Deadline	publications@oar2.org : Newsletter Article	
July 1, 2009	Intergroup Meeting	Oasis	7:00pm
Oct 30-Nov 1, 2009	R2 Fall Assembly	Marriott San Francisco Airport Hotel	

Dear SDIG,

We, the R2 Board, want to thank your intergroup for your service to OA, your support of Region 2, and for asking us to comment on the issue of placing names on event flyers.

In considering this issue, the R2 board suggests following the Continuing Effects Motion, Conference Policy 1990:

“We, the 1990 Conference of OA, suggest that intergroups, regions, individual groups or any other sponsoring service bodies refrain from publishing the names or titles of speakers/leaders at OA functions in all informational materials (flyers, newsletters, etc.)”

The Region 2 Board uses OA literature (the OA 12&12 in particular) for specific guidance for our fellowship. OA doesn't follow the rules of other 12 step fellowships. In particular, we suggest you look at pages 203-204 of the OA 12&12 where the pitfalls of using names and the history of Conference Policy 1990 are explained.

We, the R2 Board, feel it is a violation of Tradition 12 to print speaker/leader names on flyers, newsletters, websites, etc. Thus, we will not post this information on our website calendar. It is our opinion that this affects OA as a whole (Tradition 4) breaking the anonymity of the individual. It also implies promotion rather than attraction (Tradition 11). Using names on promotional materials implies that you want people to come to the event to hear that specific person, in contrast to Tradition 12 (anonymity, principles before personalities) of going to OA events to hear recovery.

This policy is a suggestion only. You are autonomous. We just caution you to use principles before personalities. FYI, even Rozanne won't let her name be on a flyer.

In loving service,

Meg Harlor, R2 Trustee, for the R2 Board