

SDCII INTERGROUP MEETING MINUTES

OVEREATERS ANONYMOUS

May 6, 2009

7:00pm-8:15pm

MEETING OPENED

TRACY OPENED THE MEETING AT 7PM WITH THE SERENITY PRAYER

TWELVE TRADITIONS

DAVE H. VOLUNTEERED TO READ THE 12 TRADITIONS.

DAVE H. VOLUNTEERED TO READ AND DISCUSS TRADITION FIVE TO THE INTERGROUP.

SIGN IN SHEET

7TH TRADITION

ROLL CALL

Chair	Tracy
Vice Chair	Rex
Secretary	Heather (Acting)
Treasurer	Dave B
Internal Information	Dave H. (Acting)
Professional Outreach	Gina
Public Information	Jayson (Acting)
Reach Out Editor	Donna T.
<i>Recorder</i>	<i>Carol (Acting)</i>
Region 2 Coordinator	Ginger
Retreat Liaison	Iola
<i>WSO Coordinator</i>	<i>Ken (Acting)</i>
Young Peoples Coordinator	Open
12-Step Within Committee	Donna W. (Acting)
Literature	Mary (will arrive by 7:15pm)
Office Report	Gina/Dave B

Italicized Print Denotes Excused Absence

MARCH MINUTES

READ AND APPROVED MARCH AND APRIL 2009 INTERGROUP MEETING MINUTES.

BOARD AND COMMITTEE REPORTS

CHAIR – TRACY

Tracy thanked fellow board meeting for allowing her to miss the last month's board meeting due to a death in the family.

VICE CHAIR – REX

There will be marathon meetings on Memorial Day, Monday May 25th starting at 9am at the Oasis. The usual Monday meetings will still occur. There is a sign-up sheet for leaders in the back as well as flyers announcing the marathon.

SECRETARY – HEATHER

Heather offered to send meeting minutes via email to IG reps. We will pass around the sign-in sheet again – please mark “yes” if you would like to receive a copy of the minutes.

TREASURER - DAVE B

Type of Account	Maturity Date	Balance	Comments
Checking	N/A	\$20,518.13	General
CD (90 day)	2/26/09	\$10,310.46	Three Month
CD (30 day)	1/16/09	\$5,361.79	One Month
Subtotal			\$36,190.38
Checking	N/A	\$8,219.00	Retreat
Total			\$44,409.38

Dave gave Ken (WSO Coordinator) a check for the hotel and incidentals for the WSO Convention. The convention will cost about \$1,000 total with airfare, lodging, food, etc.

Dave commented on the generosity of the members of OA, specifically those donating their time and services, buying hardware for the Oasis, the “\$20/month club”, and a recent \$200 donation for the Young People’s Committee. Always looking for more \$20/month club members.

INTERNAL INFORMATION - DAVE H.

Mailing party on May 30th at 10:15am at Oasis. \$.015 printed envelopes. Some issue with envelope sizes, but that has been fixed for the next month. If you know of any doctors that would like to be added to the list, please email the OA office to be added onto the list.

PROFESSIONAL OUTREACH - GINA

OA Literature was taken to commands at Camp Pendleton – there are a lot of anorexia and bulimia issues on base. Gina will call WSO to see if we can make copies of the stories out of the new Anorexia/Bulimia packets instead of taking them apart and paying for each of them individually. Mary informed Gina that we have specific brochures designated for military personnel that may be useful.

Alice volunteered to help serve on the committee for any special events.

PUBLIC INFORMATION - JAYSON

The sponsorship fair was a success, though Jayson was a little disappointed and felt that people misunderstood the function and aimed at only getting a sponsor as opposed to strengthening their recovery. Group discussed the event, and many people spoke up about what a successful event it truly was. About 50-100 people attended the function throughout the day, sold about \$148 in literature, collected about \$50 from 7th Tradition, and several people got sponsored, some of whom have been in relapse for quite some time. There may be a few kinks to work out for next year, but overall it was an extreme success, in both the eyes of the attendees and the sponsors who put so much time into sharing their views of recovery. Special thanks to Jayson for organizing the event and to everyone who participated.

There is an OA card to place in public places. Mary suggested enlarging it and adding phone numbers and the website address. Will research further and discuss. We may have to get WSO approval if it is WSO collateral.

It was suggested that we participate in county fairs. We have in the past, but due to the high cost and low participation, we have not pursued this recently. AA no longer participates in these functions for the same reasons.

Alice volunteers to serve on the PI Committee. Jayson will schedule a time to meet.

REACH OUT EDITOR - DONNA T

The purpose of the Reach Out newsletter is to carry the message, spread the word, and provide experience, strength and hope to all who are seeking recovery from compulsive eating. The articles in the May issue do just that! A big “thank you” to Michael, Tracy, Ginger, LaRue, Phyllis, Iola and Donna W. for sharing.

Everyone is invited to write an article of 200-300 words anytime and on any topic. So, when you have a breakthrough you would like to share and your sponsor agrees that's the perfect time to do service. As a prominent member in our group suggests: Take the mess to your sponsor and the message to the meeting (or in this case, to the newsletter).

Submit via email to: dtyler126@yahoo.com -- and please put "Reach Out" in the subject line. Time sensitive articles are due by the 15th of the month before publication.

Thank you all for sharing your recovery with me.

RECORDER – CAROL (EXCUSED)

No report.

REGION 2 COORDINATOR – GINGER

R2 Convention

June 26-28, 2009, Ontario, CA. The theme is “Recovery: Sunlight of the Spirit”. The Convention is the primary fundraiser for Region 2, the largest part of the Region’s revenue. Stay at the beautiful Doubletree Hotel for only \$99 per night or carpool up on Saturday for a full day of recovery and fellowship. Reminder: The R2 2010 Convention will be in San Francisco/San Mateo area. This is the largest fundraiser for R2. Raffle tickets will be sold for quilts and afghans. This convention will be similar to the one just recently attended with marathon meetings along with the business meeting. Gina added that they are making outreach calls to other Intergroups and receiving great feedback.

San Diego’s Intergroup and Individual meeting’s 7th Tradition contributions to R2

List distributed at the R2 Assembly, Spring 2009. Any questions can be directed to the R2 Treasurer, Wanda W., at email: treasurer@oar2.org

It was brought to the IG attention that this list is not inclusive as it does only includes “San Diego” meetings and not all meetings within SD County.

San Diego Meeting Contributions to Region 2 for 2008

Customer ID	Name	Amount
M 31354	San Diego, Fri, 12:00pm	73.98
M 47119	San Diego, Fri, 6:00pm	85.43
M 26659	San Diego, Fri, 7:00am	20.50
M 10844	San Diego, Mon, 12:00pm	92.34
M 37520	San Diego, Mon, 6:30pm	120.54
M 00606	San Diego, Mon., noon	28.00
M 45264	San Diego, Sat, 10:30am	58.41
M 46409	San Diego, Sat, 6:30pm	53.24
M 30159	San Diego, Sat, 6:45am	66.91
M 13631	San Diego, Sat, 8:00am	190.27
M 46834	San Diego, Sun, 4:00pm	114.08
M 37977	San Diego, Sun, 9:00am	44.00
M 41222	San Diego, Thur, 12:00pm	10.00
M 38376	San Diego, Thur, 12:00pm	62.00
M 11390	San Diego, Thur, 7:30pm	78.28
M 10906	San Diego, Tue, 12:00pm	10.00
M 26657	San Diego, Tue, 7:00am	15.00
M 46507	San Diego, Tue, 7PM	4.85
M 49644	San Diego, Tues, 12:00pm	107.56
M 47904	San Diego, Wed, 12:00pm	19.19

R2 funding for R2 Committee Chairs to attend Fall 2009 Assembly (Oct 30-Nov 1 at the Marriott San Francisco Airport Hotel)

Emailed R2 to inquire about funding guidelines. Two San Diego Members are Committee Chairs: Tracy S., Bylaws, and Donna W., 12 Step Within.

R2 Newsletter

Articles needed before July 1st. It doesn't have to be long--even a paragraph or two on your R2 experiences would be wonderful.

RETREAT LIAISON - IOLA

Sold 10 CDs at \$20 a piece from the last retreat for a total of \$200. This money will go to the scholarship fund. 16 registered campers for the June Retreat as most people wait to last minute. There are no scholarships left at this point. However, please check with Richard in case something becomes available.

October Retreat will at Idylewild and the February retreat will be at Warner Springs Ranch

Have received one application for the newly open secretary position on the retreat committee. Please take that information back to your meetings to spread the word. The newest appointed position (the scholarship position) did not undergo the policy and procedure in selecting new members.

WSO COORDINATOR – KEN (EXCUSED)

Currently at the WSO Convention. Will report back to the group upon his return.

YOUNG PEOPLES COORDINATOR

Shannon has resigned as the Young People's Coordinator so this is now an open board position.

12-STEP-WITHIN COMMITTEE -DONNA W

Committee is very busy with planning the retreat – sponsoring and focusing on relapse and recovery. Flyer has been distributed to give an idea of the different activities going on. Pam T will lead the meditation workshop

Some discussion regarding the possibility of having a new Relapse and Recovery meeting at the OA.

Next committee meeting is on May 16th, 4:30pm at the Oasis.

LITERATURE – MARY

April 2009 Literature Report

Literature Purchased:	
OA Literature:	\$ 255.42
AA Literature:	\$0.00
TOTAL PURCHASED:	<u>\$ 255.42</u>
Literature Inventory:	
OA Literature:	\$1,845.09
AA Literature:	\$119.35
TOTAL INVENTORY:	<u>\$1,964.44</u>
Accounts Receivables:	
TOTAL A/R:	\$678.70

Report will be submitted to Bookkeeper, Allison, the first week of May,2009.

Some discussion regarding OA Literature and where to purchase. Serenity Shop does mark up their prices as they are a retail store. Internet shopping incurs a shipping fee, but may be more convenient for the N. County meetings. Dave H. is always available to unlock the literature cabinet if your literature person cannot get access during normal meeting times.

There is a Revised 7th Tradition pamphlet.

OFFICE REPORT – GINA/DAVE

Committee shredded sign in sheets and anything else with members' contact information.

Answered requests for information in email and phone calls. Prepared envelopes with updated *Reach Outs* and schedules as well as welcome letters and stamped envelopes, all ready for mailing. There are stuffed envelopes in the Board Room. We are asking people at the OA to answer the phone and put on address on an envelope and mail it out or ask someone else to mail it or leave it on the table to be mailed.

Updated mailing list, called TJ with changes to the schedule, faxed meeting changes along with meeting starting and closing to WSO. Carmen let us know that the website has not been updated to Spanish. Call up the WSO and ask them for help.

Worked at making schedules and Reach Out well stocked in the meeting room, as well as sign in sheets available.

Checked to make sure we had enough supplies for the bathrooms and meeting rooms.

The noise complaints need to be written and given to the office.

The Tuesday meeting at the Serenity Shop is still open.

The back door was left open, please make sure it is locked and the air conditioner and lights are turned off.

There are Guidelines on how to handle disruptions in meetings.

Two envelopes for \$20/month club and charged the other envelope to determine if it goes for 7th tradition or for rent.

OA meetings online at www.therecoverygroup.org

OLD BUSINESS

RETREAT COMMITTEE

Selection of New Members

When a committee position become available the committee shall solicit applications from members of the fellowship.

- Requirements – membership in the SDCII
- Maintain an e-mail account
- One year of continuous abstinence
- Be at maintenance
- Requires a two-year commitment

Applications are to be submitted by letter or email to any member of the committee

The committee shall attempt to announce vacant positions at the IG meeting, at individual meetings, by flyers and/or announcements in the Reach Out.

The committee shall make a decision on applications in closed session.

All committee members are required to attend each retreat and they do not have to pay considering the service commitment.

Dave B. added that this because this group works together so closely, it is imperative that they are cohesive and work together well as a team. For that reason, the committee has been given the respect to choose their own committee members and make the decision on who would be the best “fit” for the committee. This committee has an enormous amount of responsibility including signing contracts with venues.

NEW BUSINESS

BOARD POSITIONS

Open Positions

Young People's Coordinator

Acting Positions

Secretary

Internal Information

Public Information

WSO Coordinator

12th Step Within Committee

Literature

There are no regulations to determine if “Acting” is abstinent, but not quite the length of time required by the position OR if “Acting” means non abstinent.

Alice asked about the closed Board Meetings, Reconvening the Bylaws committee closed Board Meetings, the bylaws committee and changing the bylaws to allow open board meetings. Closed Board Meetings were approved by the Intergroup as we were criticized by the R2 for having open board meetings. There is a public comment section in which

any concerns may be addressed to the Board, but they must be on the agenda. Email Heather with agenda items at heather.a.harrison@gmail.com.

ACTION ITEMS

“Motion to...”	Motion	2nd	Vote (Y)	Vote (N)	Vote (A)	Disposition
Approve March IG 2009 Minutes	Dave H.	Jeanne	All	0	0	Passed
Approve April IG 2009 Minutes	Gina	Donna T.	All	0	0	Passed
Adjourn Meeting	Dave	Jeanne	All	0	0	Passed

ANNOUNCEMENTS FOR THE GOOD OF THE FELLOWSHIP

Date	Event	Location	Time
May 15, 2009	<i>Reach Out</i> Deadline	Dtyler126@yahoo.com	
May 16, 2009	12 th Step Within Meeting	Oasis	4:30pm
May 30, 2009	Mailing Party	Oasis	10:15am
June 3, 2009	Intergroup Meeting	Oasis	7:00pm
June 12-14, 2009	Serenity Retreat	Camp Cedar Glen, Julian, CA	
June 26-28, 2009	Region 2 Convention	Doubletree Hotel in Ontario, CA	
Oct 30-Nov 1, 2009	R2 Fall Assembly	Marriott San Francisco Airport Hotel	
TBA	PI Committee Meeting	On Hold	