



Wednesday OA Meeting

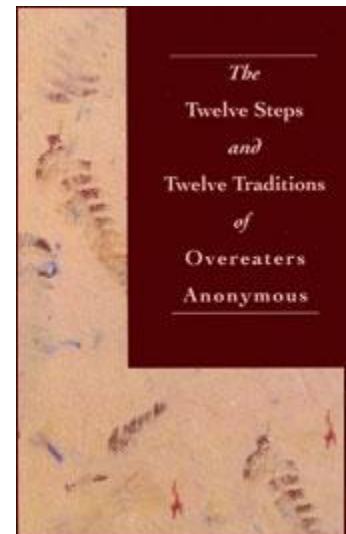
Moving to Monday
Meeting will be held weekly!

Area: San Diego/ Point Loma

Day/Time: Every Monday from 6:30 pm-7:30 pm
Starts November 2nd

Type/Format:

- ❖ Anorexia/ Bulimia/ Binge Eating –
Anyone with a desire to stop eating compulsively
- ❖ OA Twelve Steps & Twelve Traditions →
w/ other OA approved literature
- ❖ Open discussion on reading
- ❖ Wheel Chair Accessible
- ❖ All ages



If you would like to purchase the book, go online at: <http://bookstore.oa.org/books.html>.
However, it is not necessary to buy the literature.

Location: Rock Church, 2277 Rosecrans St., San Diego, CA 92106, Rm 253

Contact: Nik F. 619-757-8953

***** The Wednesday Eating Disorder (EDA) group will continue meeting every week at the Rock in room 351.*****